

**MIDDLETOWN
ADULT
EDUCATION**

SPRING 2025



Find a class that is right for you!

SEE
DETAILS
INSIDE!

GLASS ART CLASS



FLORAL CLASSES: PEONIES AND DAHLIAS

WATERCOLOR FLORAL CLASS



STAINED GLASS & MOSAIC CLASSES

EMBROIDERY CLASS



CHARCUTERIE CLASSES FOR EASTER & MOTHER'S DAY

LEARN2EARN

CONNECTICUT ADULT EDUCATION: The Pathway to Lifelong Learning
Like Us: www.Facebook.com/learn2earnCT

Mission Statement

Middletown Adult Education is dedicated to the service and growth of each student and committed to the belief that all students may achieve success.

A Regional Adult Education Program Administered by the Middletown Board of Education in Cooperation with area Boards of Education serving Middletown, Cromwell, East Haddam/Moodus, East Hampton, Madison, Old Saybrook, Portland, Rocky Hill, Regional District #4 (Chester, Deep River, Essex Centerbrook, Ivoryton), Regional District #13 (Durham, Middlefield, Rockfall), Regional District #17 (Haddam, Higganum, Killingworth), and Westbrook. Providing academic programs; early childhood classes; family education; workplace education; enrichment classes; assessment services; and counseling.

Visit our website:

www.maect.org

- View & download current catalog
- Register for classes
- Get directions to our locations

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Please Note: We do not mail confirmations. However, if you provide your email address we will email your confirmation.



GENERAL INFORMATION

PROGRAM ACCESSIBILITY

All activities offered by Middletown Adult Education are held in accessible locations. Accommodations for individuals with a documented disability are available upon request. Please contact Joe Lawler, Middletown Adult Education (860) 343-6044 for further assistance.

SEXUAL HARASSMENT POLICY

The Middletown Board of Education has developed a policy regarding sexual harassment. For more information, call Associate Superintendent Dr. Jada Waters at (860) 638-1469.

STATEMENT OF NON-DISCRIMINATION

The Middletown Board of Education is an affirmative action/equal opportunity employer, and it does not discriminate on the basis of race, color, religious creed, age, marital status, civil union, military or veteran status, national origin, ancestry, sex, gender identity or expression, sexual orientation, or past or present physical or mental disability in any of its education programs, activities, or employment policies. All educational programs and offerings, including vocational education and extracurricular activities, subscribe to this policy. Dr. Jada Waters, Director of District Operations, has been designated to handle inquiries regarding the district non-discrimination policies and may be reached at 311 Hunting Hill Avenue, Middletown, CT 06457; Phone (860) 638-1469.

MANDATED PROGRAMS

Include: High School Completion Program, ABE, ESL and Citizenship.

Note: For mandated programs only, there is no fee for registration, books or materials to any adult enrolled in the ABE, ESL, High School Completion and Citizenship Programs.

STUDENT REGULATIONS

- Smoking is not permitted in any public school buildings in Middletown.
- Refreshments are not permitted in the classrooms, hallways or lavatories.
- Parking for 398 Main Street is available directly behind the building (Mellili Plaza).

ENDORSEMENT OF TEACHERS

The employment of instructors by Middletown Adult Education does not constitute endorsements of goods or services provided by instructors in their private jobs or business. Please contact the Adult Education office (860) 343-6044 if you have any questions regarding this matter.

DISCLAIMER

Middletown Adult Education is not responsible for typographical errors. Every effort is made to provide clear and accurate information and to adhere to the original information presented herein. However, when changes are necessary, we reserve the right to make those changes as needed.



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www.maect.org or
call 860-343-6044

CERTIFICATE OF ATTENDANCE

A Certificate of Attendance is available from the Adult Education office when requested through the instructor. For further information, call the Adult Education office at (860) 343-6044.

GED® TEST ACCOMMODATIONS

Accommodations for the GED® test are available for qualified individuals with a disability. For more information contact Sharon Muldowney, 860-343-5597 or you may contact Sabrina Mancini at the Connecticut State Department of Education at 860-807-2111.

DIRECTIONS

Call (860) 343-6044 for directions or check the website www.maect.org.

CONFIRMATIONS & RECEIPTS

We do not automatically mail confirmations. Your receipt is your canceled check or credit card charge. Unless notified, classes will run as scheduled. If you would like a confirmation, please send a self-addressed, stamped envelope. If you register online, confirmations can be printed from our web page and saved as a receipt.

CLASS CANCELLATION (DUE TO WEATHER)

Middletown: Whenever the Middletown Public Schools are closed due to bad weather, Adult Education classes do not meet. Listen to radio stations WTIC AM 1080, WMRD AM 1050, Channel 8 (WTNH), or Channel 30 (WVIT). Should snow or inclement weather develop during the day, class cancellations are announced by late afternoon. Canceled classes will be made up by adding an additional session. **Cancellations will be listed on our website: www.maect.org.**

ADULT EDUCATION STUDENTS AND RECENT GRADUATES

Make an appointment with MAE's Career Navigator,
Madelyn Cruz, at Macruz@maect.org for a variety of Career Services.

(860) 343-6044
MAECT.ORG

Spring 2025

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MIDDLETOWN ADULT EDUCATION



REGISTRATION

LAST NAME FIRST NAME

ADDRESS

CITY, STATE, ZIP

HOME PHONE WORK PHONE

EMAIL

Course Number	Course Title	Date	Time	Fee
Processing Fee				\$4.00
Total				

Please list all names of individuals included on this registration.
Email confirmations will be provided with an email address.
 Registration is ongoing.



Refund Policy: NO REFUNDS.
 Exception: If we cancel a class, a full refund will be issued.

Phone: (860) 343-6044
 or (860) 343-5012
Online: www.maect.org

Make Check payable to MAE

Cash Check Visa MasterCard

Mail or Stop By:
 Middletown Adult Education
 398 Main St.,
 Middletown, CT 06457
 Mon.-Fri. 9 am - 3 pm

CARD NO.

EXP. DATE VERIFICATION CODE

SIGNATURE

DIRECTIONS

Bus Trip Parking Locations

Farm Hill School, 390 Ridge Road, Middletown

From Rt. 9 North or South, take Exit 11. Go left at the end of the exit. Go through a blinking light, then at the 2nd stop light take a right onto Ridge Rd. Continue until stop sign. Farm Hill School is on the right. Park in the rear of the building.

Middletown Adult Education Center (MAE)

398 Main Street, Middletown

The MAE Center is in the heart of downtown Middletown, near shopping and restaurants. The entrance is adjacent to the rear entrance for the Main Street Market and Malloves Jewelers. Parking is in the Mellili Plaza parking lot on Washington Street, between Main Street and Rt. 9. From Main Street, turn onto Rt. 66 heading towards Rt. 9. Take your 1st right and the parking lot is on the left. From Rt. 9, take exit 23C and cross the RR tracks. After one-half block, take a left, and the entrance to MAE is straight ahead.

Old Saybrook Facility

Middletown Adult Education Center (MAE)

210 Main Street, Old Saybrook

REFUND POLICY

The ONLY FULL REFUNDS permitted are those dictated by the COMPLETE cancellation of the class due to low enrollment. No other refunds will be honored.

Please allow at least one month for processing.

Visit: www.maect.org

MIDDLETOWN

Superintendent

Alberto Vazquez Matos
Ed. D., Ph.D

BOARD OF EDUCATION

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Career Developer

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MIDDLETOWN ADULT EDUCATION

ARTS



NEW

Glass Art Class

Amy Dzurka

Come and create something beautiful to add to your home or give as a gift. You will make an 8 x 10 glass frame or canvas using an assortment of shells, mirrored glass, sea glass, driftwood and more to create your unique design. Please note that the material (resin) used to secure your artwork will need 24 hours to cure. Materials fee of \$25 payable to instructor night of class. This class is limited to 12 students and minimum age to participate is 15 years old.

CLASS OPTIONS:

ARS 106 Mon. 6:00-8:00 pm
1 class • March 24
Kitchen

\$30 class fee

ARS 107 Thurs. 6:00-8:00 pm
1 class • April 10
Kitchen

\$30 class fee

ARS 108 Tues. 6:00-8:00 pm
1 class • May 6
Kitchen

\$30 class fee



**FINISH your
High School Diploma!**

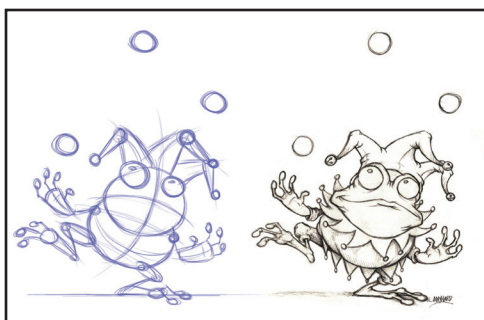
Learning Acrylic Pour Techniques

Nina Murphy

Learn Acrylic Pouring Techniques with instruction to discover your inner artist. Using everyday products and items, you'll create your own wonderful, abstract artwork that you'll be proud to frame. Classes will include information on materials and products, paint delivery systems, and introductory and advanced techniques such as swipe method, dutch pour, and spinner. During the 5-week course, you'll receive a kit with everything you'll need, including a way to transport your pieces home. Bring only your desire to learn something new and get creative. Materials fee of \$60 payable to instructor first night of class.

ARS 110 Tues. 6:00-7:15 pm
5 classes • Starts March 11
Room 207

\$66 class fee



NEW

Cartoon Character Design

Jenn Maynard

Learn to walk through the process of how to design original cartoon characters (where and how to get ideas, creating exploratory sketches, poses and expressions, and how to decide on a final look for a character.) No expensive supplies are necessary, you can use copy paper and a pencil.

ARS 111 Thurs. 6:00-8:00 pm
6 classes • Starts April 24
Room 203

\$96 class fee

Calligraphy for Beginners

Jean Little

Treasure the moments with memories saved in beautiful hand scribed calligraphy. Add elegance using calligraphy on envelopes, invitations, quotes, favorite family recipes and gifts for any occasion. This is a great way to make a first impression. You will have a small but completed project in just 6 weeks. Materials fee of \$12 paid in cash to instructor first night of class which includes assorted parchment papers, stock cards and grid sheets. Calligraphy supply list will be given prior to class.

ARS 100 Tues. 6:00-8:00 pm
\$90 class fee 6 classes • Starts March 4
Room 203

WATERCOLOR CLASSES

Nancy Roman

Paint Your Pet

Come and create a portrait of your family pet, in 2 hours, no experience necessary. Please bring a 5 x 7 photo of your pet, a color copy is fine. Because of the technique we will use to draw the pet, your photo needs to be 5 x 7. If you have a picture but don't have the correct size, Nancy can help you if you let her know in advance. If you'd like to attend, but don't have a pet or picture, that's okay. Nancy will have several photos to choose from that you can paint. All materials will be provided. Nancy's email: notquiteold51@gmail.com

ARS 101 Tues. 6:30-8:30 pm
\$48 class fee 1 class • April 8
Room 207



Paint Flowers

Create a beautiful watercolor floral painting using a superb medium to capture the delicacy of flowers. In this 2-hour class, you'll create your own lovely watercolor painting. You will need a 5 x 7 photo of the flowers of your choosing. For the best results, use a photo with large blossoms. It can be a tabletop arrangement or an outdoor photo. A color copy is fine. Because of the technique we will use, your photo needs to be 5 x 7. Your picture should be PRINTED, not a photo on your phone or tablet. If you have a picture but don't have the correct size or can't print it, Nancy can help you if you let her know in advance. If you'd like to attend, but don't have a picture, that's okay. Nancy will have several photos to choose from that you can paint. All materials will be provided. Nancy's email: notquiteold51@gmail.com

ARS 102 Thurs. 6:30-8:30 pm
\$48 class fee 1 class • April 24
Room 207

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MIDDLETOWN ADULT EDUCATION

Stained Glass Classes

Sarah Segovia

The following classes need no prior experience. All tools will be provided at class to use on your pieces.

Beginner Stained Glass

Learn the basic techniques of cutting glass and assembling these intricate designs. You will choose from a heart or leaf pattern to create your own hanging suncatcher. Materials fee of \$20 payable to instructor on the first night of class.

ARS 103 Wed. 6:00-8:30 pm
2 classes • March 19 & 26
\$40 class fee Room 110



Beginner Mosaics

Mosaics are pictures or patterns produced by arranging together small pieces of hard material, such as stone, tile or glass. Learn the basic techniques of mosaics including the use of a mosaic wheel cutter and grouting. In this two-week class you will create a 4" square coaster and small glass candle votive. All tools will be provided. Materials of \$15 payable to instructor first night of class.

ARS 105 Tues. 6:00-8:30 pm
2 classes • May 13 & 20
\$40 class fee Room 110



NEW

Stained Glass Succulent

In this new workshop, you will learn how to create a one-of-a kind 3D succulent of your very own. Choose from several succulent designs provided by the instructor or you can bring your own ideas. Materials fee of \$20 payable to instructor on the first night of class.

ARS 104 Tues. 6:00-8:30 pm
2 classes • April 22 & 29
\$40 class fee Room 110



You're off to great places!
Today is your day!
Your mountain is waiting, so...get
on your way!
- Dr. Seuss

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School Diploma!**
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PHOTOGRAPHY

Following are taught by Steve McGrath
Combination of online and in-person

Photography for Newbies

New to digital photography and still getting to know your camera? Join this beginner's class to learn from an expert. In this 5-week class the following topics will be discussed, program mode, manual mode, aperture priority, and shutter priority. You will also learn about basic composition and using light for different types of photography. Three classes will be conducted online via Zoom, and two in-person meetups will be held on either a Saturday or Sunday (dates and locations to be confirmed). The Zoom links will be received via email. Additional details and directions will be provided before meet-ups.

PHO 101 Various Dates & Locations
5 classes
Thurs. 7:30-9:00 pm • April 3 (Online)
Sat. 10:00-11:30 am • April 5 (at Wadsworth Falls)
Thurs. 7:30-9:00 pm • April 10 (Online)
Sun. 10:00-11:30 am • April 13 (at Dividend Pond)
Thurs. 7:30-9:00 am • April 17 (Online)
\$80 class fee

NEW

Nature and Bird Photo Workshop

In this Nature and Bird Workshop we will meet online for the first class and go over camera settings and compositions and how to get great images of the waterfowl. Then we will meet on a Saturday or Sunday in person to take photos of bird subjects. Then we will meet online for our third class to share and critique our images. Tripods will be needed.

PHO 102 Various Dates & Locations
3 classes
Thurs. 5:30-7:00 pm • April 17 (Online)
Sat. 10:00-11:30 am • April 19 (Ripley's Waterfowl Conservatory)
Thurs. 5:30-7:30 pm • April 24 (Online)
\$50 class fee

Digital Photo Intermediate Class

You are now comfortable with your camera and you want to learn more. In this class we will explore the use of intermediate camera controls such as metering (spot, matrix, center weight), exposure and exposure compensation, ISO, aperture and shutter priority. We will take an in-depth look at manual focus and its use, fill flash and flash modes, as well as controlling motion, composition, and many other intermediate and advanced techniques.

PHO 103 Thurs. 7:30-9:00 pm
5 classes • Starts May 1
\$80 class fee Online

NEW

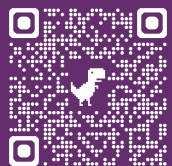
Lighthouse Photo Workshop

In the first online class, we'll start learning camera settings, aperture, shutter, ISO, white balance and other compositional techniques critical to lighthouse photography. The following Saturday during the cruise, we'll focus on photographing the wildlife and lighthouses, sharing techniques and approaches. Finally, we'll meet online the following week to share, learn and critique our images. This class is limited to 15 students. This workshop is for beginner and intermediate photographers. You will need to purchase your own cruise ticket. Details will be shared at the first class.

PHO 104 Various Dates and Locations
3 classes
Thurs. 5:30-7:00 pm • May 22 (Online)
Thurs. On the Cruise • May 24
Thurs. 5:30-7:00 pm • May 29 (Online)
\$50 class fee (doesn't include cruise ticket)

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COOKING

Please note: This applies to all cooking classes
• Due to the preparation necessary for these cooking classes, No Cancellations or credits will be issued. You may send a substitute if you can't attend.

• These cooking classes will be a combination of demonstration and hands-on.

• Recipes will be handed out at each class and tasting is a requirement.

• Remember to bring materials fee payable to instructor night of class.



Sushi Class

Sara Wingard

Learn to make Vegetarian & California Rolls. Immerse yourself in the vibrant atmosphere, mingle with fellow food lovers, and create your own edible masterpieces. Whether you're a sushi enthusiast or a curious beginner, expert instructors from The Sushi Class will guide you through every step, sharing secrets and techniques.

COK 108

Thurs. 6:00-8:00 pm
1 class • April 3

\$56 class fee

Kitchen



Sweet & Savory Crepes

Sasha Toth, from Perk on Main

Who doesn't love crepes? Sasha from Perk on Main will demonstrate and ask for volunteers to help make 2 savory crepes and 2 sweet crepes. Recipes will be provided and tasting is required. *Materials fee of \$15 payable to Sasha, night of class.* Following

are the crepes to be made: **Sweet Crepes:**

Bananas Foster (bananas, brown sugar, and butter); Classic Combo ("Newtella", strawberries and bananas).

Savory Crepes:

Rajin Cajun (Cajun Chicken, tomato, melted Cheddar, and Ranch Dressing); Nathan Hale (Tomato, Mozzarella, Basil with a hint of Balsamic vinaigrette).

CLASS OPTIONS:

COK 106

Thurs. 7:00-8:30 pm
1 class • April 24

\$28 class fee

Kitchen

COK 107

Thurs. 7:00-8:30 pm
1 class • May 15

\$28 class fee

Kitchen



Decorating Easter Cookies

Priscilla Harnesk

Easter cookies that are cute and delicious. Basic skills and piping skills will be covered. Materials fee of \$20 payable to instructor night of class, (includes cookies, icing, scribe, recipes and tip #21)

COK 122

Mon. 6:30-8:00 pm
1 class • April 7

\$26 class fee

Kitchen



You Got this!
Call 860-343-6044

Decorating Cookies for Mother's Day

Priscilla Harnesk

Cookie arrangement for Mother's Day. Basic skills and piping flowers with tips will be practiced. Materials fee of \$20 payable to instructor night of class (includes cookies, icing, recipes, scribe and tip #104)

COK 123 Mon. 6:30-8:00 pm
1 class • May 5
Kitchen

\$26 class fee



NEW

Mother's Day Heart Shape Charcuterie Board

Nicole Silverio

Get ready to celebrate Mother's Day in a unique way by learning how to create a beautiful heart shaped charcuterie board with your mom or loved one. During the workshop, you'll learn tips and tricks for arranging meats, cheeses, fruits, nuts, and more to create a stunning charcuterie display. Plus, you'll have the opportunity to taste and enjoy your creations together. Class fee includes all materials needed to create your decorative masterpiece and a take-home charcuterie board.

COK 110 Thurs. 6:00-8:00 pm
1 class • May 8
Room 207



NEW

Easter Themed Charcuterie Board

Nicole Silverio

Join us for a festive evening of creativity and delicious fun at our Easter and spring theme- charcuterie workshop. Learn how to craft a stunning charcuterie board perfect for a holiday gathering celebrating the season. During this hands-on event, you will discover tips and tricks for arranging an eye-catching board featuring season fresh produce and classic charcuterie favorites. Class fee includes all materials needed to create your decorative masterpiece and a take-home charcuterie board.

COK 109 Thurs. 6:00-8:00 pm
1 class • April 10
Room 207

\$65 class fee

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MIDDLETOWN ADULT EDUCATION

13

Sourdough Bread Baking 101

Suzanne Greenwald

Over the course of 4 weeks you will develop a starter and practice baking 3 different breads all without using commercial yeast. This will be a hands-on class and you will make and take projects home after each class. This class will be good for beginners or experienced bakers looking for something new. You will need to bring a large metal mixing bowl to each class. Handouts will be available. A one time materials fee of \$20 payable to the instructor at the first class.

CLASS OPTIONS:

COK 101 Tues. 6:00-9:00 pm
4 classes • Starts March 4
\$82 class fee Kitchen

COK 102 Wed. 6:00-9:00 pm
4 classes • Starts April 23
\$82 class fee Kitchen

Additional Sourdough Bread Classes

Please note:

The following classes will be one night only and are for anyone who has experience with baking sourdough bread or have taken the Sourdough Bread 101 class.



NEW

Sandwich Bread

Suzanne Greenwald

You will learn to make a small crumb fluffy multi grain sandwich bread using a sourdough starter. Recipe provided. You will need to bring to class an active ripe starter and a large bowl, materials fee of \$5. payable to instructor night of class and a container to bring your goodies home.

COK 103 Mon. 6:00-9:00 pm
1 class • March 31
\$36 class fee Kitchen



NEW

Brioche Bread

Suzanne Greenwald

You will learn to make a soft enriched dough with plenty of butter in it. It's almost a dessert. Recipe provided. You will need to bring to class an active ripe starter and a large bowl, materials fee of \$5 payable to instructor night of class and a container to bring your goodies home.

COK 104 Wed. 6:00-9:00 pm
1 class • April 9
\$36 class fee Kitchen



Focaccia Bread

Suzanne Greenwald

In this class we will make wonderful fluffy sourdough focaccia bread topped with fresh herbs and olive oil. It's a real treat. This dough is versatile, we will talk about other uses for the same dough during class. Recipe provided. Please bring an active starter and a mixing bowl, and a materials fee of \$5.

COK 105 Wed. 6:00-9:00 pm
1 class • May 28
\$36 class fee Kitchen



Intelligence plus character—that
is the goal of true education.

Martin Luther King Jr.

CRAFTS

The following classes are taught by
Victoria Woolward from StillWatersUSA



NEW Organic Lip Glosses

Make beautiful lip gloss with high quality ingredients. You will make 2 lip glosses, choosing your lip pigment to take home. Materials included in the class fee.

CRA 111 Wed. 6:30-8:00 pm
1 class • March 26
Room 119

\$56 class fee



NEW Sea Glass Jellyfish Painted Scene

Paint a scene using a jellyfish as your focal point for your summer décor. You will paint on a 8 x 10 canvas and add sea glass to embellish your painting. Materials included in the class fee.

CRA 112 Mon. 6:30-8:00 pm
1 class • March 31
Room 119

\$56 class fee



NEW SeaShell Candles

Use real shells from all over New England to make 3 clean, non-toxic high-quality wax candles. You can embellish the edge of shells in gold or silver and add sea glass or pearls on top. Makes a perfect hostess gift. Materials included in the class fee.

CRA 113 Thurs. 6:30-8:00 pm
1 class • April 24
Room 119

\$56 class fee



NEW Wire Wrapped Bracelets

Learn wire wrapping and make a beautiful adjustable bracelet using real sea glass. There will be a variety of sea glass colors to choose from as well as deciding between silver or gold wire for your bracelet. Materials included in the class fee.

CRA 114 Thurs. 6:30-8:00 pm
1 class • May 1
Room 119

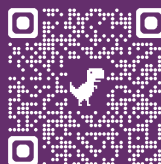
\$56 class fee

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MIDDLETOWN ADULT EDUCATION





NEW

Organic Body Scrubs

Learn to make your own 8 oz clean body scrub with all non-toxic, clean and organic ingredients. You will then accessorize the top of the container with beautiful real dried flowers for a gift for Mother's Day or for yourself. Fragrance options are: lemon, lemon lavender, peppermint eucalyptus, oatmeal, honey and vanilla. Materials included in the class fee.

CRA 115 Wed. 6:30-7:30
1 class • May 7
Room 119

\$56 class fee



NEW

Hand Embroidery Basics: Your First Stitches

Stefania Donohue

This beginner-friendly class is designed to introduce you to the charming world of hand embroidery. You'll learn basic stitches like the running stitch, back stitch and stem stitch. As well as more complex stitches like the Palestrina stitch and the Portuguese knotted stem stitch. In this class you will also learn how to choose embroidery tools, how to create and transfer simple designs onto your fabric, as well as ideas for finishing your work. You'll leave with the skills and confidence to create your own beautiful embroidered projects. Materials fee \$10

CRA 104 Tues. 7:00-8:30 pm
5 classes • Starts March 25
Room 104

\$75 class fee

Introduction to Basketweaving

Nancy Kalos

This wine tote is a perfect celebration gift for friends and family or to keep for yourself. This basket is 8 inches high, 12 inches long, 6 inches wide with the handle being 14 inches high. Materials fee of \$10 is payable to the instructor on the first night of class. Tools for making the basket will be provided by the instructor for use during the class.

CRA 108 Tues. 6:00-8:30 pm
3 classes • Starts March 25
Room 119

\$70 class fee



Intermediate Basketry

Nancy Kalos

Please note: This basket class is for those students who completed a beginner-level basket class.

This "Double-Wall" basket is two baskets in one. The bottom of the basket is woven in a 2/2 twill pattern and then the stakes are separated and woven into an "inside" and "outside" wall. Materials fee of \$10 payable to instructor first night of class. Tools for making the basket will be provided by the instructor for use during the class.

CRA 109 Tues. 6:00-8:30 pm
3 classes • Starts May 6
Room 119

\$70 class fee

SEWING 201

Ashley Parker

Prerequisite: You must own a portable machine to bring to class and know how to operate it. These classes will focus on learning more sewing skills. Kits will be provided at each class and you will make a small project each week to take home. There is a materials fee listed for each class and payable to instructor before start of class. This class is limited to 8 students.

Fleece Pajamas

You will learn to create your very own pair of fleece pajama pants, while learning elastic application and hems. Materials fee of \$20 payable to instructor night of class.

CRA 201 Tues. 6:00-8:00 pm
1 class • March 4
Room 207

\$25 class fee

Learn to Sew a Pop Tart Pet Bed

You will create a unique pop tart theme fleece bed, perfect to get your small friend off the floor. Materials fee of \$20 payable to instructor night of class

CRA 202 Tues. 6:00-8:00 pm
1 class • March 11
Room 207

\$25 class fee

Learn to Make a Window Valance

You will create a simple lined curved valance perfect for a bathroom or kitchen window. Materials fee of \$20 payable to instructor night of class.

CRA 203 Tues. 6:00-8:00 pm
1 class • April 1
Room 207

\$25 class fee



Learn to Make a Quilted Bowl Cozy

You will create a bowl cozy perfect for safe microwaving while learning quilting techniques. Materials fee of \$15 payable to instructor night of class.

CRA 204 Tues. 6:00-8:00 pm
1 class • April 22
Room 207

\$25 class fee

Learn to Make Pillow Covers

You will create removable pillow covers perfect for seasonal changes in your home. Materials fee of \$15 payable to instructor night of class.

CRA 205 Tues. 6:00-8:00 pm
1 class • May 6
Room 207

\$25 class fee

Learn to Sew a Beach Tote

You will learn to create a lined tote perfect for the beach or shopping bag for groceries. Materials fee of \$20 payable to instructor night of class.

CRA 206 Tues. 6:00-8:00 pm
1 class • May 13
Room 207

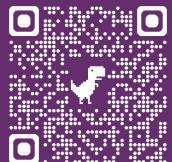
\$25 class fee

You're off to great places!
Today is your day!
Your mountain is waiting, so...get
on your way!
- Dr. Seuss

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Spring 2025

MIDDLETOWN ADULT EDUCATION

17

FELTING CLASSES

Taught by Elena Gibson

No previous felting experience is necessary.

Felted Spring Birds

In this workshop, you'll craft two adorable miniature felted birds. Starting with a basic shape, you'll learn to use a special barbed needle to sculpt it into the bird of your choice. (Bluebird, Goldfinch, Cardinal, or a creation of your own imagination) You'll explore wet felting techniques to refine the shape and add extra firmness to your charming creations. Please note: Materials fee of \$20 payable to instructor night of class.

CRA 101 Wed. 6:00-9:00 pm
1 class • March 26
Room 119

\$34 class fee

Spring Animals

In this workshop, dive into the fun and creative world of needle felting as you craft two adorable felted critters. Choose from a bunny, bear, sheep, or piglet and learn how to use a special barbed needle to sculpt your chosen figure from sheep wool. Additionally, explore the wet felting technique to refine your creation and craft charming accessories. By the end of the session, you'll take home your very own fuzzy companion. A delightful touch of springtime warmth for your home. Please note: Materials fee of \$20 payable to instructor night of class.

CRA 102 Wed. 6:00-9:00 pm
1 class • April 23
Room 119

\$34 class fee

Felted Garden Gnomes and Fairies

Get enchanted with woolly and craft a charming gnome or fairy figure. In this workshop, you'll learn the art of needle felting to sculpt a firm, detailed figure from sheep's wool. Additionally, you'll explore the wet felting technique to create a whimsical hat to complete your creation. Please note: Materials fee of \$20 payable to instructor night of class.

CRA 103 Wed. 6:00-9:00 pm
1 class • May 14
Room 119

\$34 class fee



FLORAL DESIGN

Best Buds Flower Farm Lyme, CT

Joan Fisler

Arranging Peonies Workshop

Come to Best Buds Flower Farm in Lyme and harvest peonies and lots of other seasonal flowers and greenery. Then learn to arrange in a vase. No experience necessary and we can help you achieve a result you'll love. Complimentary sweets and beverages will be provided. Wear good sturdy shoes, bring a hat and a water bottle. Everything you'll need to create your arrangement including vases, flowers, greenery and clippers to borrow. We only postpone if thunder and lightning storms. Materials included in class fee.

FLO 101 Tues. 4:00-6:00 pm
1 class • June 10
Best Buds Flower Farm

\$85 class fee





Arranging Dahlias Workshop

Come to Best Buds Flower Farm in Lyme and harvest dahlias and lots of other seasonal flowers and greenery. Then learn to arrange in a vase. No experience necessary and we can help you achieve a result you'll love. Complimentary sweets and beverages will be provided. Wear good sturdy shoes, bring a hat and a water bottle. Everything you'll need to create your arrangement including vases, flowers, greenery and clippers to borrow. We only postpone if thunder and lightning storms. Materials included in class fee.

FLO 102 Thurs. 2:00-4:00 pm
 1 class • August 14
 \$85 class fee fee Bust Buds Flower Farm

**CALL FOR YOUR GED
 860-343-6044**

DANCE

Zumba

Bethany Ty

Zumba is exercise in disguise. Zumba is a dance fitness class that incorporates Latin and international music and dance movements which create a dynamic, exciting workout. This class combines fast and slow rhythms that tone and sculpt the body in an aerobic/fitness fashion to achieve a unique balance of cardio and muscle toning. You will use lightweight maraca-like toning sticks for some of the routines to enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body. Dancers and non-dancers are welcome.

CLASS OPTIONS:

DAN 105 Mon. 6:30-7:30 pm
 6 classes • Starts March 3
 Room 207
 \$65 class fee

DAN 106 Mon. 6:30-7:30 pm
 7 classes • Starts April 21
 Room 207
 \$75 class fee

Choose Your Path After Graduation

Paralegal Fitness Healthcare
 Veterinary Business

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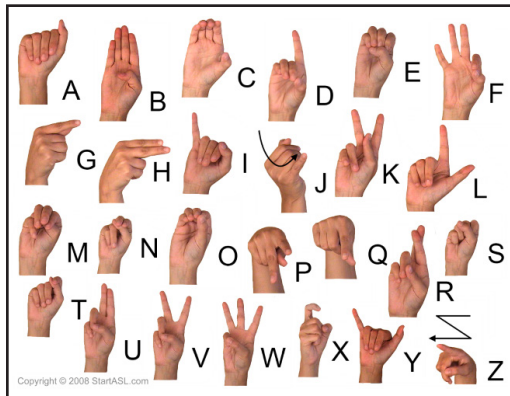
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Spring 2025

MIDDLETOWN ADULT EDUCATION

LANGUAGES



American Sign Language for Beginners

Connie Davids

Open the doors of communication when you learn some basic conversational sign language. In this course you will learn to finger spell the American Sign Language alphabet and learn to sign basic words and phrases of communication. Learning colors, numbers, family members, etc. will be taught. You will be able to sign familiar words and short phrases at the end of this course. No textbook needed. Handouts will be provided. This basic course can also be helpful for people working with people with disabilities.

CLASS OPTIONS:

LAN 201 Tuesday 6:00-6:45 pm
6 classes • Starts March 4
\$62 class fee MAE 003

LAN 202 Tuesday 6:00-6:45 pm
6 classes • Starts April 22
\$62 class fee MAE 003



NEW

Intermediate American Sign Language

Connie Davids

Prerequisite: American Sign Language for Beginners

Join us to continue learning new words and phrases to expand your sign language vocabulary. This add-on next level course is for those of you who have just completed the Beginner class and feel confident with your knowledge of the basics to move to the next level. You will learn to sign short dialogs with partners using the signs you've learned. This is a fun and educational class for those who want to continue learning to sign.

PART 1:

LAN 203 Tuesdays 7:00-7:45 pm
6 classes • Starts March 4
\$62 class fee MAE 003

CONTINUATION OF PART 1:

LAN 204 Tuesdays 7:00-7:45 pm
6 classes • Starts April 22
\$62 class fee MAE 003

Beginning French Part 2:

Lucian Guilmette

This class is a beginning level for those with some prior experience with French or any Romance language. Begin to construct more complex sentences, explore present, future, and past tenses, and develop a deeper and more expressive vocabulary. Textbook used is *French Made Simple*, if you need to purchase a book go to amazon.com

LAN 103 Wed. 6:00-8:00 pm
6 classes • Start March 5
\$120 class fee Room 108



Continuation of Beginning French Part 2:

Lucian Guilmette

This class is a continuation of the beginning level for those with some prior experience with French or any Romance language. Begin to construct more complex sentences, explore present, future, and past tenses, and develop a deeper and more expressive vocabulary. Textbook used is *French Made Simple*, if you need to purchase a book go to amazon.com

LAN 104 Wed. 6:00-8:00 pm
6 classes • Start April 23
Room 108

\$120 class fee

Intro. To Italian

Mary Saraceno

Learn to speak Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Cost of textbook (*Italian Made Simple*) is included in the price of class.

PART 1:

LAN 105-1 Mon. 6:00-8:00 pm
6 classes • Starts March 3
Room 211

\$130 class fee

CONTINUATION OF PART 1:

LAN 105-2 Mon. 6:00-8:00 pm
6 classes • Starts April 21
Room 211

\$120 class fee

Intermediate/Advanced Italian

Mary Saraceno

Continue to learn Italian. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is *Italian Made Simple*. If you do not have the textbook, you can order it on amazon.com

PART 1:

LAN 106-2 Wed. 6:00-8:00 pm
6 classes • Starts March 5
Room 211

\$130 class fee

CONTINUATION OF PART 1:

LAN 106-3 Wed. 6:00-8:00 pm
6 classes • Starts April 23
Room 211

\$130 class fee

Intro. To Spanish

Mary Saraceno

Have fun as we explore the language, culture, music and food of Spain and Latin America! Emphasis is placed on developing oral and travel vocabulary and expressions. Cost of textbook (*Spanish Made Simple*) is included in the price of class.

PART 1:

LAN 108-1 Tues. 6:00-8:00 pm
6 classes • Starts March 4
Room 211

\$130 class fee

CONTINUATION OF PART 1:

LAN 108-2 Tues. 6:00-8:00 pm
6 classes • Starts April 22
Room 211

\$120 class fee

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Today is your day!
Your mountain is waiting, so...get
on your way!
- Dr. Seuss

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Spring 2025

MIDDLETOWN ADULT EDUCATION

21

Intermediate/ Advanced Spanish

Mary Saraceno

Continue to learn Spanish. Oral drills will encourage the beginner to develop speaking and listening skills. Learn practical vocabulary and expressions, and understand real travel situations and cultural differences. Good choice for business, travel or personal growth. Textbook used is (Spanish Made Simple).

PART 1:

LAN 109-1 Thurs. 6:00-8:00 pm
6 classes • Starts March 6
Room 211
\$130 class fee

CONTINUATION OF PART 1:

LAN 109-2 Thurs. 6:00-8:00 pm
6 classes • Starts April 24
Room 211
\$130 class fee

MONEY MATTERS

Retirement Readiness Review

Ryan Morrissey

In this course you'll learn how to: determine the amount of money you need to retire, determine when you can retire, understand how to make the most of your company retirement plan, and set up your estate so your final wishes are carried out. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you determine what values are important to you and align your money with your values and goals.

CLASS OPTIONS:

MON 101 Tues. 6:15-9:15 pm
2 classes • March 25 & April 1
Room 104
\$66 class fee

MON 102 Wed. 6:15-9:15 pm
2 classes • April 2 & April 9
Room 104
\$66 class fee

MUSIC

Guitar Classes

Frank Natter

- Class will be held in person, limited to 10 students.
- Must be 13 years and older to participate.
- Must provide your own guitar and music stand.
- Suggested materials: an electronic tuner, & the Total Acoustic Guitarist by Frank Natter, Jr. ISBN -10:7390-3851-6. You can purchase the book from the instructor night of class, on Amazon, or The Middlesex Music Academy on 440 Main Street, Middletown, CT has the textbook.

Beginning Guitar

This hands-on class will get you going on the guitar. It covers essential chords, important strumming patterns, and progressions of chords found in many well-known songs. You will learn how to decipher chord diagrams, guitar tablature and other systems used to notate guitar music. Beginning with short examples, you'll build skills that will later allow you to play entire songs and you will have the opportunity to practice these skills in context with classmates.

MUS 102 Mon. 7:30-9:30 pm
6 classes • Starts March 3
Room 208
\$130 class fee

Continuation of Beginning Guitar

This session applies the knowledge learned in Part 1 to well-known songs. These are demonstrated and examined section by section. By the end of the session, you will know several important songs and be able to play them in context with the class.

MUS 102-1 Mon. 7:30-9:30 pm
6 classes • Starts April 21
Room 208
\$130 class fee

Advanced Guitar

Advanced Guitar starts to examine riffs and tricks-of-the-trade that add interest and define the styles and songs of the guitar repertoire. Fingerstyle and pick playing techniques will also be examined more closely. You will get to take a look at elements that make music work such as scales and harmony. You will also begin to develop skills for soloing and have the opportunity to improvise in context with other classmates.

MUS 101 Mon. 5:30-7:30 pm
6 classes • Starts March 3
Room 208
\$130 class fee

Continuation of Advanced Guitar

This session picks up from where previous advance class leaves off and focuses on songs and styles that are of common interest to the class. Students will continue to play together and get the opportunity to take on different roles: rhythm, lead, and a hybrid of both.

MUS 101-1 Mon. 5:30-7:30 pm
6 classes • Starts April 21
Room 208
\$130 class fee

Intro to Dulcimer

Anne Bilodeau

In these 4 classes you will be introduced to the Mountain or Lap Dulcimer. It is the easiest 3 stringed instrument to learn for ages 10 to senior. Dulcimers will be provided for in-class instruction for 8 students. If you have your own please bring to class. Learn to play (by number) dulcimer favorites like *Old Joe Clark & Bile Them Cabbage Down*; in addition to: *This Land is Your Land*, *Oh Susanna*, *Amazing Grace*, and more. Skills to be covered: Tuning, Reading Tab (sheet music), Strumming, Flat Picking, Hammer-ons, Pick-offs, Harmonics, & Chords. Hand-outs will be given in class.

MUS 104 Tues. 6:30-8:00 pm
4 classes • Starts April 22
Room 208
\$62. class fee

WELLNESS

Yoga -All Levels

Karen Sevenoff

This class will be held in person and virtually!
When registering indicate your preference!

This class is suitable for beginners and those with a little experience under their belt. This class will include breath control techniques and physical exercises, which will help you achieve relaxation and vitality. This dynamic yoga class will help to build your strength, flexibility, balance and mental focus. This class is a guidance to help transform the body and mind into complete wellbeing. Bring a water bottle and yoga mat and any props you might want to use for your practice.

CLASS OPTIONS:

WELL 102 Wed. 6:00-7:00 pm
7 classes • Starts March 5
Room 207
\$76 class fee

WELL 202 Wed. 7:15-8:15 pm
7 classes • Starts March 5
Room 207
\$76 class fee

WELL 103 Wed. 6:00-7:00 pm
7 classes • Starts April 30
Room 207
\$76 class fee

WELL 203 Wed. 7:15-8:15 pm
7 classes • Starts April 30
Room 207
\$76 class fee



Intelligence plus character—that
is the goal of true education.

Martin Luther King Jr.

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Spring 2025

MIDDLETOWN ADULT EDUCATION

23

PUBLIC INTEREST



NEW

Backyard Chickens 101

Deidre Goodrich

(She is a Middletown resident who started her backyard chicken adventure as a pandemic project in 2020. She currently has five hens.)

Dreaming of fresh eggs from your own backyard chicken flock? This course will show you how to get started. Learn the basics of chicken care including breed selection, coops, runs, feed, and how to protect chickens from predators, pests and injury. (This course will not cover egg incubation, nor raising meat chickens.) There will be two classroom sessions and one field trip to meet Deidre's flock and see how to put the learning into action. Be prepared to take notes.

PUB 100 Tues. 6:00-8:00 pm
3 classes • April 22 & 29
Sat. May 3 10:00 am
Room 104

\$50 class fee

Astronomy

Introduction to Astronomy. The Stars have aligned. Come to the Glastonbury Planetarium and enjoy this live series of four fast paced classes that offer an introduction to the science of astronomy. Classes can be taken individually or as a full series.

The Planetarium is located at the: Glastonbury East Hartford Magnet School, 95 Oak Street, Glastonbury.

Enter at the main school entrance.

The planetarium entrance is just inside to the left. Doors will open at 6:30 pm

Please Note: You must arrive 6:30-6:45 pm, as class starts promptly at 7:00 pm after which the planetarium doors are closed. They cannot accept late arrivals.

Series of all 4 Classes

\$89 class fee

To register for the series please call 860-343-6044.

NEW

The Electromagnetic Spectrum

Visible light isn't the only way of seeing the night sky. There's a whole spectrum of light mostly invisible to the human eye. In this class we will learn about the different wavelengths of light along the spectrum from radio and microwaves all the way to X-rays and gamma rays and see how astronomers use special telescopes to peer into these wavelengths to reveal new details about our universe.

PUB 101 Thurs. 7:00-9:00 pm
1 class • March 20
Glastonbury Planetarium

\$25 class fee



NEW

History of Northern Constellations

Astronomers recognize 88 official constellations including familiar star patterns like Orion and Ursa Major. In this class we will learn about the history of constellations in the Northern Hemisphere from their origins in Mesopotamia and Egypt through ancient Greece and into the modern age. We'll learn how astronomers use constellations to map the sky, and how some people have used them to navigate.

PUB 102 Thurs. 7:00-9:00 pm
1 class • April 10
\$25 class fee Glastonbury Planetarium

NEW

The Southern sky

The night sky visible below the equator is full of fascinating celestial objects including the center of our Milky Way, several dwarf galaxies, southern constellations, and the closest star to our own. In this class, we will learn about the southern sky and how astronomers have studied it to better understand our universe.

PUB 103 Thurs. 7:00-9:00 pm
1 class • May 15
\$25 class fee Glastonbury Planetarium

NEW

Constellations of The World

For thousands of years, humans have looked to the sky and found familiar shapes in the stars that they used to tell stories about their own cultures and beliefs. While most people are familiar with the Greek star patterns, this class will explore constellations from cultures and regions around the world, including the Middle East, China, the Inca, and more.

PUB 104 Thurs. 7:00-9:00 pm
1 class • June 12
\$25 class fee Glastonbury Planetarium

RECREATION

American Mah-jongg

Ruth Sigal

Have you seen Mahjongg being played or just even heard about it and think it would be a fun game to learn? Then come join and learn how to play this relaxing and enjoyable game over the course of 6 weeks (commitment to these 6 weeks is very important). Even if you just want to brush up on what you know about Mahjongg, this is the place for you to do that! Do you have friends who also want to learn? Have them sign up as well – then you have a ‘ready-made’ mahjongg group for outside of the classroom! You will need to purchase a card from the instructor at the first night of class, (\$14 - \$15) to be used through the 6 weeks.

REC 100 Tues. 6:00-8:00 pm
6 classes • Starts April 22
\$84 class fee Room 104

Choose Your Path After Graduation

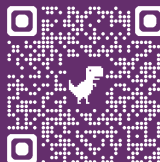
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Veterinary Business

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Spring 2025

MIDDLETOWN ADULT EDUCATION

Golf

This program is designed for new golfers or golfers who have not played in a number of years. In five 1-hour 15-minute sessions, our coaches will cover everything you need to know to play your first round of golf. Classes will cover the basics of the golf swing, putting, short game techniques, rules and etiquette. Our coaches will discuss what you will need, therefore it is recommended that you do not go out and buy clubs until you have started this class. You will be given a static club fitting which will allow the coach to make a recommendation as to which clubs to buy. Lessons will conclude with an on-course session to introduce the various areas of the golf course.

Classes will be held at the Golf Center at Lyman Orchards, 700 Main Street Middlefield, CT 06455
For directions please call (860) 398-6480.



Men's Golf Classes

REC 201	Tues. 1:30-2:45 pm 5 classes • Starts March 25
REC 202	Thurs. 11:30 am -12:45 pm 5 classes • Starts March 27
REC 203	Tues. 1:30-2:45pm 5 classes • Starts May 6
REC 204	Thurs. 11:30 am -12:45 pm 5 classes • Starts May 8
\$169 class fee	Lyman Orchards

Women's Golf Classes

REC 101	Mon. 5:15-6:30 pm 5 classes • Starts March 24
REC 102	Wed. 10:00-11:15 am 5 classes • Starts March 26
REC 103	Wed. 5:15-6:30 pm 5 classes • Starts March 26
REC 104	Thurs. 5:15-6:30 pm 5 classes • Starts March 27
REC 105	Fri. 10:00-11:15 am 5 classes • Starts March 28
REC 106	Mon. 5:15-6:30 pm 5 classes • Starts May 5
REC 107	Wed. 10:00-11:15 am 5 classes • Starts May 7
REC 108	Wed. 5:15-6:30 pm 5 classes • Starts May 7
REC 109	Fri. 10:00-11:15 5 classes • Starts May 9
REC 110	Fri. 5:15-6:30 pm 5 classes • Starts May 9
\$169 class fee	Lyman Orchards

BASIC SKILLS PROGRAM

Have you been out of school for a while? Would you like to improve your reading, writing or math skills? Are you trying to get a new job or promotion? Maybe you have some personal goals that require better reading, writing or math. The Middletown Adult Education ABE Program might be for you!



WHAT WE OFFER

- Free assessment to help determine your needs
- Free classes
- Convenient day and evening classes
- Online classes are available

WHO IS ELIGIBLE

- Individuals 17 years of age or older
- Individuals no longer enrolled in school
- Individuals lacking a high school diploma
- Residents of towns listed on page 3

CLASS LOCATIONS & TIMES

MIDDLETOWN: 398 Main Street
Monday - Friday Days
Monday & Wednesday Evenings

BUS TRIPS

Trips are presented by Friendship Tours. They are taking careful measures so you can travel with peace of mind.

- Please provide your email as a reminder and detailed itinerary will be sent the week before the trip.
- Bus trips are non-refundable, no exceptions! So be sure to check your dates before registering.

SATURDAY, JUNE 7, 2025

Grand Central Tour and Circle Line Cruise

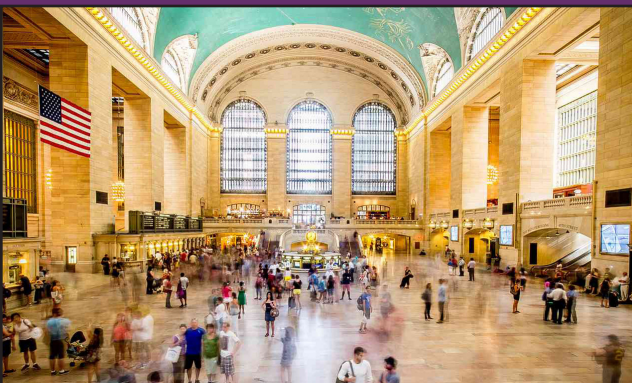
You will begin your day at Grand Central Terminal where you will join our New York City guide for a tour of the historic landmark. Your guide will breathe life into the site's rich history, celebrating the influential people who have shaped it into the world-renowned train terminal and must-see attraction it is today. At the conclusion of the 90-minute tour, time for lunch on your own where you can choose from one of the many eateries. After lunch board the famous Circle Line Sightseeing live narration cruise explaining the legends and lore of Manhattan Island, the "city that never sleeps." You will enjoy seeing the most famous NYC landmarks on both sides of the Hudson and East River, such as the Empire State Building, Chrysler Building, One World Trade Center, the Brooklyn, Manhattan, and Williamsburg Bridges, plus an up-close view of the Statue of Liberty.



**Trip Fee: \$170
BUS 109**

Trip fee includes deluxe motor coach with a bathroom, tour director and driver gratuities.

**Departs: 7:15 am Farm Hill School
390 Ridge Rd. Middletown, CT
Estimated Return: 8:00 pm**



THURSDAY, AUGUST 28, 2025

Providence Italian Style

Enjoy a visit to Scialo Brothers Bakery, taste some pastry and tour the production area complete with antique ovens, then savor an Italian lunch at Cassarino's on Federal Hill, Providence's Little Italy. Menu: Caesar salad, choice of Baked Scrod with Chef's Potato & Vegetable, Pasta Primavera, or Chicken Parmigiana over Penne, dessert and coffee. Then the highlight of the day is a ride in an authentic Venetian Gondola along the Providence River while being serenaded by an experienced gondolier. Please note: When you register choose your lunch entrée, and let us know of any food allergies. Gondola ride, you must be able to get in and out of the boat on your own.



Trip Fee: \$196 BUS 110

Trip fee includes deluxe motor coach with a bathroom, lunch, Gondola ride, tour director and driver gratuities.

Departs: 7:45 am
Silver Street Commuter Lot
Estimated Return: 6:30 pm



SATURDAY, SEPTEMBER 27, 2025

Garlic Festival

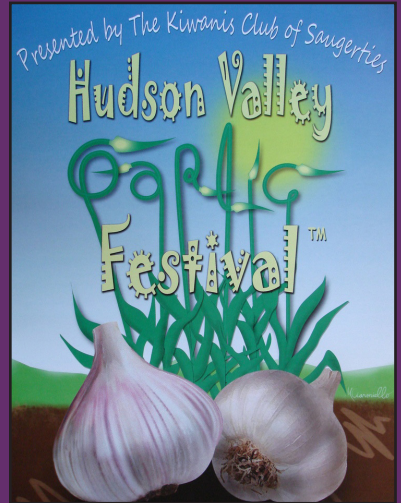
Celebrate garlic! Located between the picturesque Catskill Mountains and the mighty Hudson River in historic Saugerties, NY this is the festival to enjoy everything garlic. You will visit the garlic marketplace with tons of gourmet garlic; visit the food alley featuring garlic enhanced foods such as sausage, pulled pork, garlic soup, garlic green beans and even garlic ice cream. Enjoy entertainment (Bluegrass, Cajun, Ragtime, Irish and German music), cooking demonstrations by renowned chefs of the Hudson Valley, instructive garlic growing and braiding talks. Plenty of arts and crafts vendors to browse and buy some goodies. Lunch on your own at the festival.



Trip Fee: \$120 BUS 111

Trip fee includes deluxe motor coach with a bathroom, tour director and driver gratuities.

Departs: 8:00 am Farm Hill School
390 Ridge Rd. Middletown, CT
Estimated Return: 5:30 pm



SATURDAY, OCTOBER 18, 2025

The Turkey Train Winnepesaukee Railroad

Enjoy a nostalgic train ride along the shores of Lake Winnepesaukee in New Hampshire. Relax on board the train as we watch the boats on the lake and enjoy the scenery as we travel roundtrip from Meredith, NH. We will make a quick stop at the NH Liquor Store prior to boarding the train. Hart's Turkey Farm will be providing their famous home style turkey dinner on board the train. Menu includes: Turkey, potato, gravy, stuffing, cranberry sauce, rolls, vegetable, dessert and beverage. Following our train ride, you will visit Kellerhaus for time to enjoy ice cream and house made chocolates and to purchase unique gifts.

Trip Fee: \$182 BUS 112

Trip fee includes motor coach with a bathroom, 2-hour train ride on the Winnepesaukee Scenic Railroad from Meredith, NH, a turkey dinner served on board and catered by Hart's Turkey Farm, gratuities and Tour Director.

Departs: 8:00 am Farm Hill School 390 Ridge Rd. Middletown, CT • Estimated Return: 8:00 pm



EVEN START FAMILY LEARNING PROGRAM

The Middletown Even Start program is an NAEYC accredited program. It recognizes that the parent is the child's first and most important teacher. We support this by bringing parents in need of adult education and their children (ages 12 weeks -5 years) together in a dual generational learning program. Parents and their children can share the excitement and joy of learning together! The Even Start program provides early childhood education, (ages 12 weeks -3 years), adult education, parent support classes, and a monthly home visit. In addition, our families have the opportunity to work with our Career Developer for placement in job certificate programs, and apprentice training programs. The program supports the parent-child relationship and enhances parenting skills through parenting classes and daily parent and child activities.

FAMILY LEARNING COMBINES:

- « Adult Education (Adult High School, GED, ABE, ELL)
- « Early Childhood Education, NAEYC
- « Parent and Child Together Activity
- « Parent Support Class
- « Collaboration with Community Services (Including Middletown Family Resource Center, ACES of Middlesex County, Diaper Bank of CT)

**Middletown Adult Education
Family Learning Program,
398 Main Street, Middletown, CT**



**For Even Start Family Learning
Information, Call (860) 343-6044**

*"Innovation in Motion"
class with Joe Lawler*



HIGH SCHOOL COMPLETION

WE HAVE TWO WAYS! CHOOSE THE PROGRAM THAT'S BEST FOR YOU.

AHS-CDP: (Adult High School Credit Diploma Program)

Complete a minimum of 25 credits and earn a Middletown Board of Education Adult High School Diploma!

- Transfer previously earned credits
- Complete online classes
- Attend credit classes
- Day and evening classes

GED®: (General Educational Development) Diploma Program

Complete a series of national standardized tests and earn a State of Connecticut High School Diploma!

- Registration available at Middletown Adult Education
- Free practice tests
- Free preparation classes

**Call (860) 343-6044 to register
for all academic programs.**

WE OFFER:

- FREE Academic Counseling
- FREE Career Counseling
- FREE Vocational Counseling
- Confidential Services
- Online classes are available

COUNSELING SERVICES

Do you need some assistance in deciding which program is right for you? Come in and talk to us!

ACADEMIC PROGRAMS ARE FREE OF CHARGE TO RESIDENTS OF THE FOLLOWING TOWNS:

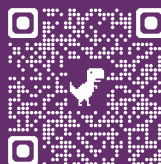
Middletown • Cromwell • Durham • Middlefield/Rockfall • Deep River • Chester • Essex • Centerbrook • Ivoryton • East Haddam/Moodus • East Hampton • Haddam/Higganum • Killingworth • Madison • Old Saybrook • Portland • Rocky Hill • Westbrook

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MIDDLETOWN ADULT EDUCATION





CREDIT DIPLOMA PROGRAM

THE ADULT HIGH SCHOOL OFFERS SPECIALIZED SERVICES:

- Internet resources
- Individualized and group instruction
- Need-based educational planning
- Student-centered curricula
- Addresses individual learning needs
- Teacher support through mentoring

Daytime: Monday through Friday
Evening: Monday and Wednesday
398 Main Street, Middletown

ADULT HIGH SCHOOL CREDIT DIPLOMA PROGRAM (AHS-CDP)

For Adults 17 and over
(withdrawn from day school)

- AHS Classes: English, Math, Science, Social Studies, Electives
- Online Classes
- Credits for Prior Learning
- Credits for Work Experience or Training
- Credits for Military Experience
- Credits for Community Service
- Family Learning Activities
- Counselors, Peer Support

AHS-CDP Classes are
also available at:
210 Main Street, Old Saybrook

For more information about
these sites, call (860) 343-6048

Want to earn your high
school diploma? We can help.

GED® PREPARATION PROGRAM

GED® (GENERAL EDUCATIONAL DEVELOPMENT)
STATE OF CONNECTICUT HIGH SCHOOL DIPLOMA



This program prepares adult learners to pass the 4-part, computer-based GED exam to earn a State of Connecticut High School diploma. We provide instruction in each of the four subject areas: Science, Social Studies, Math and Reading/Language Arts as well as basic computer skills. Instructors will also review the official website, ged.com where students can access related exam information, resources and exam registration procedures. We offer instruction in English at all sites and in Old Saybrook, we also offer instruction in Spanish.

To register for the GED exam, you must be at least 17 years old and officially withdrawn from school for 6 months. All 17 and 18-year olds must submit a withdrawal form with a parent or guardian signature. **To begin the GED registration process, you register on-line at GED.com and complete the process in person at our Main Street site in Middletown.**

To register for our free classes and complete your State of Connecticut High School diploma, please call (860) 343-6048 to begin registration.

¡Prepare para el GED en español!

Una clase se ofrece en Old Saybrook. Llame a 860-388-1281 para más información. Estamos abierto entre las ocho y mediodía de lunes a Viernes. El examen también se ofrece en español.



Important: Pre-registration for classes is required!

CLASS LOCATIONS & TIMES

Old Saybrook, 210 Main Street
Call 860-388-1281
Monday through Fridays
Days & Evenings by appointment

Middletown, 398 Main Street
Call 860-343-6048
Monday through Friday Days
Monday & Wednesday Evenings

EXAM REGISTRATION FEE:

For applicants over the age of 21: \$13.00 fee (non-refundable). For veterans and applicants under the age of 21: no fee. *Students who would like a copy of their transcript will find transcript request forms online at <http://portal.ct.gov/sde>*

GED® Testing in Middletown and Old Saybrook.

(860) 343-6044
MAECT.ORG

Spring 2025

Your Journey Starts Here!

MIDDLETOWN ADULT EDUCATION



ENGLISH LANGUAGE LEARNERS (ELL)

- Join students from over 50 countries.
- Learn English for daily life, employment and academics.
- Improve Digital Literacy Skills.
- Workplace Exploration, preparation and training.

**For registration or more information
call (860) 343-6044**

ELL CLASS LOCATIONS & TIMES

Middletown, 398 Main Street

Mon. through Fri. Mornings • 9 am-12 pm
Mon. through Fri. Afternoons • 1-3:30 pm

Rocky Hill, Griswold Middle School

Tues. and Thurs. Evenings • 6-8:30 pm

Old Saybrook, 210 Main Street

Mon. and Wed. • 9:30 am-12 pm
Tues. and Thurs. • 6-8:30 pm

CITIZENSHIP

JOIN OUR CITIZENSHIP PREPARATION CLASSES

- Prepare for the U.S. Citizenship and Immigration Services (USCIS) exam
- Practice for the Naturalization interview
- Learn about U.S. History, government, civics and geography
- Study difficult vocabulary that the USCIS officer may ask you to explain

CITIZENSHIP CLASS LOCATIONS & TIMES

Middletown Site Only (398 Main Street)

Call for Start Dates, Monday Evenings • 6-7:30 pm

Call for information: (860) 343-6044



BUS TRIPS

SEE
DETAILS
INSIDE!



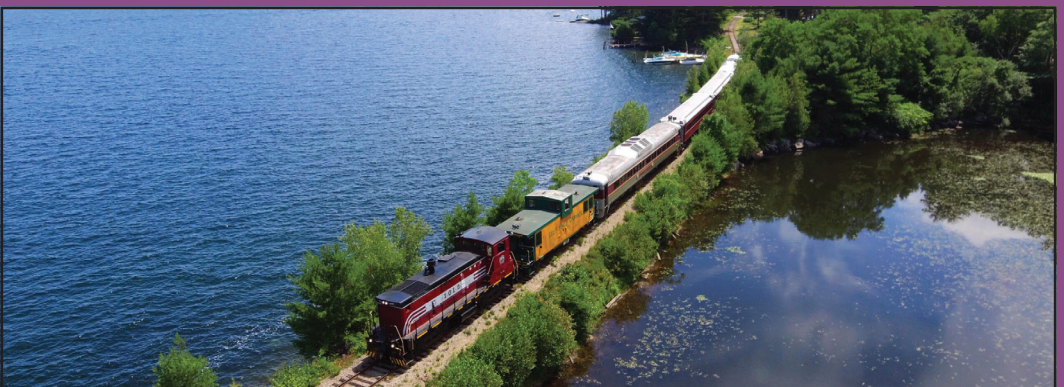
JUNE 7, 2025 • GRAND CENTRAL TOUR AND CIRCLE LINE CRUISE



AUGUST 28, 2025 • PROVIDENCE ITALIAN STYLE



SEPTEMBER 27, 2025 • GARLIC FESTIVAL



OCTOBER 18, 2025 • THE TURKEY TRAIN WINNIPESAUKEE RAILROAD

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398 MAIN STREET, MIDDLETOWN, CT 06457

WWW.MAECT.ORG

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